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Creative Energy and Poetical Life

This paper is based on the experience of the seminars and studies of „Poetic thinking” which took place not long ago. To be more precise, it is an attempt to present some certain aspects of practice from seminars of „Poetic thinking“. At the same time it is an attempt to answer a question if poetic thinking really exists. The practice of poetic thinking is quite wide and it covers a lot of different and contradictory spheres. So, I am going to limit myself with a few specific aspects of poetic thinking which, in my opinion, are very urgent, important and interesting. The uniting subject is *Energy*. Therefore, we are going to speak about creative energy and poetic life in a broader and detailed sense. The seminars of poetic thinking provoked a lot of aspects, connected with human bent for creation. On the other hand, these seminars arose the question of life as creation. There is no such an occupation as creator. There is no creator’s estate. Lots of people can become creators if they can understand creative work. Understanding occurs through creative work when creator and perceiver meets one another.

We should start our discussion on poetic thinking from the definition of poetry. Poetry, *Poiesis* in its primary sense is – creation, doing, making. Poetics is the whole or the sum of poetry. Poetics is the way of practice which is known from the ancient times. Poetry as practice joins, unites life and creation. Poetry is not a kind of life technique or specific technology. Poetry is not a secret teaching or doctrine. Poetry does not offer the only suitable or right version of life. Poetry as making or creation is not a kind of handicraft of life or „ability to live“. If it were so, such way of life would become violence. In its broadest sense poetry is an ability to live. Abilities are connected with the power of life. I can, I am able to, I can do it, I can create- such is the motto of poetic life. There is difference between how it is and how it can be. We cannot turn out what must be from what it is. There can be one way or another. Poetry depicts what may happen, not what it is. Poetry lets us find the world, name it and define it in a new way by giving possibilities.

Creative energy has direct connection with the energy of life. The question how the energy of life and creative energy are linked arises quite naturally. We are familiar with the concept of energy from Physics. But the energy of life is not a term of Physics. We understand it as all potences, powers and elements. Creation as creative act itself is a mysterious and polysemantic thing. Creation is not always accessible to direct cognition. It is not always directly translated into empiric language. We often have to take a „roundabout way“ if we want to comprehend the essence of creation. It means that it is not possible to define and name directly a lot of things connected with creation. All these things have no precise empiric equivalents. A *roundabout way* is the way out of a situation. This roundabout way is the way of using, looking for metaphors and analogies. In other words, it is an indirect dialogue and non-linear thinking. Indirect dialogue is the dialogue which contains poetic text or poetic work. Non-linear thinking is an answer of a strict, unified, deterministic refusal. Several possible ways of interpretation, a few possible reading alternatives or strategies are raised.

Poetic thinking is a manifestation of poetic energy. This energy reveals itself in poetic interpretation or poetic dialogue. Poetic energy can be understood as an influence of poetic work on percipient. Poetic work provokes personal creative powers if it is understood and accepted correctly. I feel pressure and will to create when I feel a fresh surge of energy and power. During the process of creation I pour out and interact with an environment with creative power. Poetic energy is the most intensive and dynamic energy of life. During the process of creation I am active and productive. I live and exist when I create. When I do not create anything I vegetate and I am in agony. When I create I build the roads of my life. These roads are not necessarily superhighways, they can be only narrow paths.

Poetic thinking is not an empiric one. It is not an empiric practice. Poetry is close to philosophy by its transcendental essence. Transcendence is cutting one's way through penetrating, going out, getting over. Poetry leads me out from habitual, empiric, mode of life, routine, talking which is understood by itself. Poetic state, poetic moment, a blink of perception of creation is a metaphysical moment. At that time everything brightens up and becomes clear and simple. There is not necessity to explain and recognize, identify everything. At that time you can get lost in ordinary situations. It is possible to get lost in a usual route or habitual glance. At that time it is possible to find a critical distance and suitable position towards life. I perceive that everything depends on my position and my distance. These

moments are the most prominent ones, the climaxes of my life. Poetic transcendency opens vertical line of life instead of usual horizontal one. At that time the glance can be directed not only towards infinite distance but also upwards.

During the seminars of poetic thinking we analyse certain poetic examples. What are examples of poetic thinking? We take different literary works such as poems, short stories, novels as examples. It is also possible to analyse works of art which belong to other genres. They can be works of art, photography or cinema works. Why do we choose examples from the works of art, not empiric ones? The works of art teach us how to create and indicate creation itself. The work of art, verbal texts and visual examples of creative work show us and indicate creation itself. They teach us as examples, provisions, archetypes how it is possible and how one can create. In every person there are creative reserves, resources but there is often no understanding or intuition how it is possible to create. Every piece of art is a certain poetic theme. Every poetic theme is full of different intellectual or emotional insertions and intonations. It is possible to make all these things logical and formal. Poetic themes are as exceptional as those of life. It is impossible to make them primitive or improve. Poetic themes are also the themes of life. What can offer and identify the themes of life? Creative works offer the themes themselves. Everything what is fixed by fiction and exists in a form of a trick in poetic works can be possible themes of life. It means that poetry within its original possibilities grasps life deeper and more virtually than factography. Life is a certain story, it is a certain narrative. The life story of every person, separate, individual life of every person is not a collection of empiric facts. At the same time it is a poetic story. In every person's life there are a lot of transformations and critical points. They can be inner or external, large and small dramas. Poetic thinking uses works as examples of creation. A work of art is not only a static production. Work of art is an accumulation of power and force. The same situation is in the man's life. There is no energy and power in real life. Lots of things are scattered and decomposed. Most of people cannot realize themselves, they cannot find themselves because lots of things are scattered and decomposed in their lives. Something was started and delayed unfinished and unrealized. The power of that activity scattered and disappeared. It comes back in another form. It returns in irrational form at their own reminiscence, visions, expectations and dreams. It is impossible to revive it and it is not known how to do that. We need suitable conversation and suitable example of

creative work. Time which is given for all this can help to solve a lot of problems which seem impossible to be solved from the first sight. Creators create works of art. But creator can be very individual and very subjective. My individuality, my subjectivity fall short with creator's individuality and subjectivity. It means that creative work is intelligible, not creator. Creative work excels creator and in this way it becomes an *open creative work or super work*. Open creative work differs from closed one in its accessibility, hints and its communicational possibilities. Open creative work is open to my life and my experience, to my feelings and my thoughts. Super creative work means that when I perceive it I find in it things which excel it. I find redundancy of meaning the creator did not pay attention to and the previous perceivers did not notice either. The energy of creative work is irrational attraction, its influence. It often happens that creative work is not accessible as it is not clear which place one should start the dialogue from. The question arises „how to start something, how to hear something“? People are afraid of questions from the sphere which is unknown for them and which is not explored. They are afraid of themselves and fear forms an alliance with the escape of energy. What would happen if my thinking turned in another unknown direction? What would happen if I lost usual guarantees and habitual reliability. People are afraid of being confused and being at a loss facing something that is not perceptible. But this confusion and being at a loss can lead out from the world of prejudice and superstition. It could be or can be absolutely in a different way. Most of people are afraid and cannot find place where and how to open their hearts. Namely poetic analysis of creative work gives an opportunity to speak up, to open one's heart, to identify, imagine. Poetic analysis is possible thanks to poetic language. Poetic language is not only exalted passion or lyricism. That is only on the way to poetry. Poetic language is a careful and intensive speaking. A word, a sentence, a text turns into reference which can be used as a guide. At the same time it is an inducement for oneself. Poetic language opens direction of different, alternative speaking. There are crucial situations in everyone's life. There are states which imprison and restrict us. Creative, poetic viewpoint to such situation can help us to escape, it can offer a significant, full of sense, allusion, creative version.

What does it mean „to live in poetic way“? Poetic life is an attempt to do something on one's own, to do it from the beginning. Poetry is a creative beginning, sources. It is an attempt to remember and open what is

hidden and restricted. Poetry as poetic life style opens the fullness of life. Fullness of life is understood as redundancy unrealized and unused possibilities. It is poetic life, it is life full of different energy. Poetic way of life in other sense means poetic regulations of life. Such a regulation is identified as surprise. Surprise is an opening of variety of life, of reality which is not seen. The same fact or the same phenomenon which we come across every day and which we take as spontaneous thing can turn into creative impulse, the beginning of creative thinking. It is a moment which can elevate and take out into the way of productive thinking. This moment and these moments can become the point of all life. Thing which is experienced, opened and understood once, can become an example of life. It is an experience of creation which can appear from elementary life experience which is familiar to everyone. Poetic regulations as surprise is a creative state. I create everything from the beginning. In this way I set free my potency, I realize myself again I discover the world in an active and responsible way. My previous world was poor and narrow. Now it becomes spacious and full of variety. We can say that not everyone is able and can discover the world and oneself. What does showing oneself to the world mean? It means showing one's emotions experience, abilities in one or another sphere. The biggest variety of life is connected with colours, smell and sounds. Imprisoned sensations mean imprisoned, suspended life. Life experience is never endless. But the life experience can be only one direction. It is possible to change life trying one's strength in other spheres. In that way the point of view to one's experience will change. Experience can be closed and open. Closed experience means destroying oneself and giving up. Open experience is a possibility to think about oneself. Every person's abilities make him different. Every person has a lot of differences. Usually they are not noticed or stressed. If you are able to do something, it means that you can do it. It means that you can fully test yourself. When you fully try yourself there comes a feeling of the whole. The potential person's abilities are very wide. Every person tests only a little part of himself. Testing oneself means expressing oneself in traditional, in usual and unusual spheres of activity, spreading oneself using a metaphor of fan. In the sphere of feelings it means becoming sensitive and receptive. Namely sensitiveness and receptivity helps to discover the variety of the world in all its widest aspects. Poetic life is treated as creative life. What is the difference between creative and not creative life? When I open myself, when I test myself I dare to live virtually. At that time courage and creativity become entangled. In

many cases people are afraid of realizing themselves because they are afraid of releasing their creative power. People are afraid of playing a game of taking a risk and improvising in their lives. Risk is connected with an attempt to concentrate and mobilize oneself. In such case life is understood not as a rational activity which is guaranteed but as an everlasting game. Life as a game is risky. Nobody can count on all possible success and failure. While playing I improvise, I try and make experiments. If I improvise, I try and make experiments. If I improvise, I look for the ways of life and activities which are new or have been forgotten. I behave spontaneously when I play. When I play I discover invisible variants of activity which have been forgotten.

Why do we need poetic practice? What does it give? Poetry is ambiguous. It is an exceptional regular activity. This activity and this practice integrate into other activities other practices of life. It means that poetic life, poetic thinking is possible and is available to different kinds of people. There is nothing special about it. Poetic life is not professional and does not belong to an elite or other group. It is an intensive life full of creative energy. It is life as a possibility to change something and to change oneself, position, habits and views of things. You have to change yourself and experience constant renewal. Poetic thinking is life full of renewal and energy. It is an invitation and attempt to create and recreate oneself and the world.



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