

Talking Brains

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Abstract

As an artist I am interested in the brain and particularly the relationship between depression, (dis)connection & creativity. I have been investigating the relationship between my brain and my art making, if you want a kind of dialogue with my neurological self. My work is interested in the interior & exterior self, the individual & collective, the dark, the light and the grey and how these competing aspect connect to form a way of seeing & a way of being. I am aware that depression is generally on the increase in society. Iceland has the highest level of consumption of antidepressants, followed by Denmark and Portugal (OECD). The consumption of antidepressants has increased by over 80% on average across EU member states. I'm interested in change and its effect on our mental self. I will produce a series of drawings which consider the brain & the changing views or perceptions of self.