

## INDEX

See also Explanatory List of Native Terms and Names

- adopted son 158, 412, 414  
adopted daughter 215  
adornment 182, 263-264, 307-309  
adultery 176, 185, 424  
*Aegle marmelos* 119  
affinal: – relative, 193; – term 191, 194, 342  
agrarian reform 95, 151, 246  
Aiyar, N. Subramani 44, 75 (n. 25), 127, 129, 224, 282-283  
alcohol 51, 251, 259, 262, 328, 340  
Alexander, K. C. 63, 330  
Alleppey 52, 324  
*Altar of Fire* 46  
alum 286  
Alwaye 151  
amulet 264, 268, 270, 299-300, 302  
ancestors 84, 115, 137, 140-142, 147-148, 156-158, 160-163, 192, 196, 269, 312, 334, 338-339, 408-409, 410 (n. 18), 413  
Annamalai University 166  
Annattippuram 286  
anointing oneself 240, 278  
*Anona* 277  
Antharjanam, Lalithambika 7 (n. 2)  
Anthropological Institute of Great Britain and Ireland 44  
anthropology: colonial – 35, 45; physical – 35  
antimony 268, 285  
Arabs 14, 20, 298  
areca nut 111, 186-187, 227, 261, 287, 319  
Arikamedu 14  
arrowroot 103, 227  
artisan 79, 312, 324-325, 332  
Aryan 6, 9, 44, 147  
asafoetida 249, 258  
ascetic 41, 65, 84, 260, 270, 410  
*Asclepias gigantea* 306  
ash 408  
astrologer 29, 79, 83, 207-208  
astrology 83, 113, 115, 160, 164, 292  
Athavanad 120  
atrium 114-115, 117, 120  
Ayyappan temple 76-77, 83, 89-90, 99, 111, 136, 224, 314, 321, 334  
Badrinath 302  
Bake, Arnold 46, 167  
banana 120, 159, 183, 187-188, 227, 249-250; – leaf 51, 76, 109, 184, 186-187, 212, 222-223, 225, 227, 249-250, 252, 287, 319  
Bangalore 207, 214  
bangle 228, 299, 302-303, 307  
barber 78-79, 82, 233, 279, 311, 313, 316, 424  
bath: oil – 152, 239; shivering – 224-225  
bathing 50-53, 78, 80, 88, 117, 125, 131, 136, 140-144, 152, 154, 164, 181-188, 198, 207, 214-219, 222-229, 233, 236-237, 239-243, 253, 267-277, 280, 282-285, 287, 308, 339-340, 407-408, 411-412, 414-415, 417, 421; tank for – 120, 125, 136, 224, 239, 282  
bean 227, 248-249; kidney – 258  
beard 270, 279, 292; cutting of – 267, 313  
belt 184, 288, 290, 302-303  
Béteille, André 32, 331  
betel 183, 186-187, 209, 224-225, 227, 229, 260-261, 282, 319, 408, 412, 423  
Bhattacharyya, Narendra Nath 181, 242  
Bhattathiripad, M. R. 230  
Bhattatiripad, Ve. Ti. 143  
Bionix 170-171  
birthday 84, 91, 164, 188, 190, 222-223, 255-256, 282, 285, 287, 298, 300, 319; – of Lord Śiva 121, 142, 224-229, 261, 282, 323  
black antelope skin 267-268, 288  
black mustard seed 221, 249  
blacksmith 75-76, 79, 85, 101, 311, 322  
bodice 50, 293-294, 297-298, 308  
body marks 265

- boiling 108, 140, 215-216, 227, 235, 247-250, 252-254, 258, 260, 275, 277, 413, 421; - in steam 247, 249
- Bombay 46, 47, 170
- boots 292
- boundaries 62, 69, 267
- Bourdieu, Pierre 37, 336-337
- boxing 164
- bracelet 302, 307, 338
- Brahmā Kumārī movement 230
- Brahmanism 3, 6, 22, 343, 345
- Brahmanization 16
- Brahmo Samaj 24
- brass 301-303, 307
- brassière 273-274, 298
- breakfast 140, 164, 187, 215-216, 235, 247-248, 253, 258, 276
- Briggs, Jean 40
- British administration 13, 35
- bronze 183, 188, 260, 303
- Brown, Ina Corinne 263
- Bubolz Eicher, Joanne 263-264
- Buddhism 11, 60, 311, 425
- buffalo 101, 123 (n. 30), 243, 251, 260, 327, 408, 411, 415, 425
- Burnell, A. C. 46
- Bush, George 263
- butter 215, 247, 254, 256, 260
- buttermilk 51, 247-250, 257-258
- c.o. 25 seed 105
- cabbage 248
- Cākyār, Rāman 82
- calendar 97 (n. 27), 292
- Calicut 20, 422; Zamorin of - 148
- Calotropis gigantea* 306
- camphor 285
- caoutchouc 112, 327
- car 165, 177
- carpenter 75-76, 79, 85, 101, 139, 255, 289, 292, 311-312, 314, 316, 322, 422, 424
- caste improvement movement 13, 26-27, 29
- caste system 3, 6, 9, 16-17, 26, 28, 53, 57-68, 75, 81, 83, 143, 251, 326
- Castes and Tribes of Southern India* 44
- castor oil fruit 239
- cat 123 (n. 30), 127
- Catholic 53, 75, 81
- cement 79, 127, 140
- Centre for Development Studies 245
- chair 137-139
- Chasin, Barbara H. 32, 61, 71 (n. 21), 98, 160
- Chelakkara 81, 105, 168; - Christian Convent high school 191
- Cherpu 119, 166, 168, 190
- Cheruthuruthy 167-168, 177, 191, 321, 323, 327
- chicory 247
- Child Marriage Restraint Act 203
- chillies 157, 215-216, 221, 247, 249, 257-259
- Chinese 14; - potato 111, 248; - anise 249
- Chorattur temple 286
- Chottanikkara temple 286
- Christians 14, 19, 24, 28-29, 60, 74, 81-82, 92 (n. 26), 166, 231, 250, 322, 324, 328; Syrian - 23, 31, 81
- chutney (coconut) 215, 247
- cinema 231
- clan 14, 19, 148, 194
- clothes (wet) 180, 185, 228
- clothing (functions of) 263-264
- cobra 120-121, 135, 225
- Cochin 15, 17 (n. 5), 18-22, 27, 29, 31, 45, 72, 77, 87-88, 93-96, 159-161, 165, 170-171, 189, 210, 250, 259, 290, 327, 329; *The Tribes and Castes of* - 44; - *Census Report* 82, 186; - *Ethnographical Survey at Trichur* 45; - palace 159; - Tenancy Bill 97; Additional Cochin Tenancy Act 97; Maharaja of - 94, 99, 148, 160, 167, 319-320, 329
- coconut 71, 83, 110, 112, 120, 127, 133, 139, 156, 181, 183, 188, 215, 227, 246-247, 249, 251, 257, 276-277, 281, 285, 322; - chutney 215, 247; - flower 183, 188; - milk 227, 257
- coded-particle 62-63
- coded-substance 62-63, 254
- coffee 22, 71, 106, 131, 137, 215-216, 247, 255-256, 261
- Colebrooke, Henry Thomas 24, 35
- collyrium 183 (n. 41)
- communism 3, 25-28, 171 (n. 40), 245, 322
- Communist 25-28, 165, 171 (n. 40), 333, 342; - Party 26, 80, 171
- computer 191, 329
- concentric domains 117
- concubine 31, 199, 230
- consanguinity 194, 341
- conservative parties 26
- constitution 28, 176, 316, 339
- contraception 214
- cooker: gas - 134, 140, 217, 313; pressure - 140, 222
- Coorgs 38
- copper 183, 214, 233, 239, 302-303
- coriander 249

- corn flakes 248  
 Cosmic Man 113-114  
 cosmology 117, 335  
 cotton seed 221  
 council: district – 19-20, 33, 231, 331;  
 village – 19, 329, 331  
 cow: buffalo – 243, 260, 408; milch –  
 260, 319; zebu – 123 (30), 243, 246,  
 260  
 cowdung 64, 101, 103, 106, 110, 121,  
 236-237, 243, 283-284, 327, 411  
 co-wife 209-211, 214  
 cumin 249  
 Cunicheri (Kuniśseri) 176, 422  
 curd(s) 215-216, 247-250  
 curry-leaf tree 246, 249  
 cyclical activities 141-142
- da Gama, Vasco 20  
 Damle, Y. B. 39  
 dance drama 48, 82, 177, 323  
 dancing 83, 225, 227-229, 281, 302, 321-  
 325, 328, 345  
 Daniel, E. Valentine v-vi, 64, 113-115  
 Desvaulx, Nicolas Jacques 18 (n. 6), 22  
 devil-dancer 80-81  
 dhobi 216  
 diametric and diagonal relationships 116  
 diet 51, 227, 243, 246-247, 258, 261-262,  
 327, 336, 340  
 dirt 267, 276  
 dog 123 (n. 30), 127, 152, 169, 243  
 domestic fire 91  
 dominant caste 3 (n. 1), 38, 62, 74, 330-  
 331  
 Douglas, Mary 62, 254, 266  
 dowry 99, 196, 204-207, 340  
 Dowry Prohibition Act of 1961 204-205  
 Dravidian 6, 12, 90, 120, 191, 212, 325  
 dress 5, 42, 49-50, 140, 175, 177-178,  
 182-184, 225, 263-267, 270, 287-300,  
 307-309, 323, 338, 341, 407 (n. 3)  
 drumstick tree 248-249, 257-259  
 Dubois, Abbé, J. A. 18, 22  
 Dumont, Louis 35, 39, 57, 59-65, 67, 74  
 (n. 24), 198, 343  
 Durkheim, Émile 39  
 dusk wick 219-221  
 Dwarka 286
- ear ornament 300-301, 303-304, 306  
 ear-ring 300-301, 303, 305  
 East India Company 13, 20-21, 24, 94, 336  
*Eclipta prostrata* 285  
 ecology 28  
 Edappally 179
- education 21, 23, 26-32, 68, 141, 145,  
 147, 160, 164-169, 172-173, 189-191,  
 204-207, 260, 299, 317, 330, 333-  
 334, 340, 342-344  
 egg plant 248  
 Eichinger Ferro-Luzzi, Gabriella 42 (n. 13)  
 eldest brother/son 18, 136, 151-152, 157-  
 158, 161-163, 168, 172, 192, 194-  
 198, 209, 256, 323, 340-342, 410,  
 413, 417  
 electric gadget 140  
 Engels, Friedrich 17  
 English language 5, 29, 35, 41-43, 45-46,  
 54, 92, 165-168, 219, 268, 276, 288,  
 407  
 English-medium school 54  
 Ernakulam 140, 168-169, 171, 179, 275  
 European 17, 21, 24, 43, 50-52, 139, 167,  
 169, 233, 287, 291, 311, 336, 425  
 evil eye 81, 221  
 eye-liner 283, 285  
 eye ointment 268-269, 288
- face marks 282-285, 415, 420  
 family: head of the – 18, 140, 151; joint –  
 52, 75 (n. 25), 195, 239, 306;  
 partition of joint – 31, 123; – property  
 18, 96-97, 119, 137, 195, 198,  
 212, 420  
 famine 245  
 Faridabad 170  
 fasting 156-157, 220, 224-225, 227, 229,  
 253, 339, 409, 412, 424  
 Fawcett, F. 3, 22-23, 41-44, 46, 75 (n. 25),  
 76, 78, 84, 119, 122-123, 127, 129,  
 137, 151, 156-157, 191-192, 209,  
 224, 229, 235, 241, 250-251, 254-  
 255, 257, 274, 277-278, 280, 282-  
 284, 288-289, 291-292, 294, 300-303,  
 305, 311, 411, 414, 414, 416-419  
 fenugreek 247, 249, 258  
 fermenting 247, 259  
 fertilization 100-102, 127, 327  
 feudalism 14-15, 19, 21, 75, 324, 332-333  
*Ficus glomerata* 119  
*Ficus religiosa* 219, 304  
 film 46, 52, 55, 72 (n. 23), 90, 131  
 (n. 32), 171, 177, 240, 328  
 finger-ring 300  
 fire altar 72 (n. 23), 107, 113-114, 122,  
 150  
 fish 136-137, 250-251, 421  
 food: boiled – 254; first feeding of solid –  
 52, 141, 152, 234, 323; lacto-  
 vegetarian – 51, 250, 261, 327; non-  
 vegetarian – 51, 250, 328; vegetarian  
 – 255, 340; – distribution system  
 30, 245-246, 254; – guest 158

- footpath 19, 121, 219, 312, 334  
 forefather 148, 156, 260  
 foreigners 171, 233-234, 236, 344, 421, 424  
 Foundation Man (Puruṣa) 114-116  
 Franke, Richard W. 15, 28, 32, 61, 71 (n. 21), 72, 98, 160, 330  
 Fredricks, Jhon 53, 171  
*From Kitchen to Stage* 143  
 Fuller, C. J. 60, 68, 72, 74 (n. 24), 75 (n. 25), 78-79, 81, 237, 242, 311  
 funeral 82, 98, 141, 157, 159, 200, 299, 411-413, 422-423; - pyre 24, 77, 82, 159, 305  
 Fürer-Haimendorf, Christoph von 58  
  
 game 163  
 Gandhi, Mahatma 27, 122, 165  
 Garhwal 412  
 garland 228, 306  
 garlic 258  
 gas stove 140  
 Ghats 31 (n. 9); Western - 71, 288  
 ghee 109, 123 (n. 30), 223, 248-250, 253-254, 256, 258-260, 277, 408, 411, 415, 417, 421  
 ginger 71, 249  
 girdle 303; - of grass 267-268  
 Gītagovinda 35  
 globalization 6, 68, 311, 326-329  
 Goa 92, 250  
 goat 101, 250-251, 260, 265, 336  
 Goldberg, Helen 45, 150, 191-192, 194, 341  
 goldsmith 49, 61, 75-76, 79-80, 85, 101, 246, 289, 301, 304, 306-307, 311, 314-316, 319, 321-322, 422  
 Gopinathan, G. 45  
 Gough, E. Kathleen 181, 188, 198  
 gourd 248, 257, 259; bitter - 248; snake - 248  
 gram: black - 215-216, 247, 258; green - 248, 258; horse- 257-259  
 Gray, John N. 39-40  
 Great Tradition 35, 38  
 Greek 35  
 Greeks 14, 57  
 Grimes, Ronald L. 68  
 grinding 51, 108, 133, 135, 139, 184, 216, 247, 313; wet - 108, 247; - stone 108, 133, 135, 139, 184  
 groin cloth 233  
 Gulf countries 32, 331  
 Gundert, Hermann 43, 45, 51-52, 78, 110, 119, 121, 129, 143, 156, 175-176, 195-199, 204, 208, 229, 233, 236-238, 241-242, 250-251, 253, 256, 268, 276, 278-279, 281-282, 288-291, 294, 301, 303, 311, 317, 336-337, 420  
 Haidar Ali 21, 94  
 hair: combing - 240; cutting of - 79, 82, 233, 267, 279, 313, 422; first trimming of - 152, 233, 266-267, 279; parting of - 209, 281-281; put down - 228; shaving - 229, 267, 279; tuft of - 156, 233, 264, 267; washing - 277-278; wetting of - 277; - style 267, 270, 279-281, 308  
 Handelman, Don v, 68, 250  
 harvest 14-15, 76, 101-110, 144, 211, 216, 254  
 healing 55, 221  
 health care 26, 28, 30, 181, 245-246  
 henna 182, 208, 277  
 hermit 152, 154-155, 270, 292  
*Hibiscus rosa sinensis* 277  
 hide 267-268, 270, 288, 292  
 hierarchy 6, 16, 57-68, 78, 144, 192, 198, 233, 236-237, 244, 264, 305, 307, 311, 316, 319-321, 332, 336, 343  
 Himalayan range 268  
 Hinduism 9-13, 15, 24, 38 (n. 10), 44, 57, 152, 200, 334  
 Hocart, A. M. 66  
 Hoebel, E. Adamson 263  
 Homo hierarchicus 57  
 horse-radish 258  
 hospital 79, 142, 145, 238-239, 340  
 household 19, 39-40, 47, 71, 75 (n. 25), 91, 95, 109-110, 117, 119, 125, 137, 140, 142, 144, 147, 151-155, 161, 168, 185, 188-190, 197-200, 207, 211-212, 214-217, 219, 241, 245-246, 250, 260, 313, 323, 330, 343  
 householder 110, 150, 152-155, 169, 195, 211, 231, 265-266, 268, 270, 322 (n. 48), 337, 340, 345, 410, 417  
 Hsu, Francis L. K. 36, 39  
 Hunter, William Wilson, Sir 24  
  
 Ibn Battuta 72  
 idol 26-27, 52, 78, 84, 89, 125, 133, 137, 140, 156, 164, 220, 222, 227, 319, 327, 343, 408 (nn. 8, 9), 409, 413, 416, 421, 424  
*Illustrated Weekly of India* 46  
 Inden, Ronald B. 36-37, 62-63, 254  
 Indian gooseberry 103, 109, 120, 246, 249  
 Indian horse radish tree 248  
 Indian National Congress 167  
 Indo-European 9, 35  
 Indus Civilization 9, 302  
 industrialization 33

- infant mortality 30  
 insecticides 103, 111, 327  
 inside-out perspective 39  
 Īlava Social Reform Movement 26, 79  
*Imperial Gazetteer of India* 83-84  
 index 63  
 Indology v, 3, 7, 35  
 intoxicants 251  
 irrigation 15, 24, 101, 111  
 Islam 28  
 Itti Vāsu Aphan 164, 196, 198, 341  
 Iyer, L. K. Anantha Krishna 41, 44, 84,  
 120 (n. 29), 127, 129, 189, 233, 281,  
 283, 303, 305, 338  
 Iyer, S. Venkitasubramonia 42-43, 122,  
 153-154, 156-158, 250-251, 253-254,  
 273-274, 281, 284, 288, 317, 411  
 (n. 20), 414-419  
 Iyer, Ullur S. Parameswara 41  
  
 jacket 182, 184, 186, 216, 223, 273-274,  
 293-295, 328  
 jackfruit 109, 111, 120, 139, 159, 227,  
 248-249  
 jaggery 223, 249, 251, 256-257  
 Jaiminiya Gṛhya-Sūtra 49  
 Jaiminiya Śrauta-Sūtra 49  
 Jainism 11, 60  
 Janmi-kūṭiyān Act 94  
 jasmine 120, 133, 184, 186, 209, 220, 239  
 Jayadeva 35  
 Jeffrey, Robin 26, 32, 74 (n. 24), 231, 313  
 Jones, William, Sir 24, 35  
  
 Kalady 333-334  
 Kālidāsa 35  
 Kallampiḷli Amma 177  
 Kallattū temple 120, 156, 161  
 Kanyakumari 181  
 Karalmanna 177  
 Kareem, C. K. 160  
 Karnataka 214  
 Kashmir 268  
 Kathiawar 286  
 Kerala Agricultural Workers Act 95, 98  
*Kerala District Gazetteer: Trichur* 129  
 Kerala Electricity Board 168  
 kerosene 216, 245  
 Kjærholm, Lars 38 n. 10), 316  
 Kodungallur 160; – temple 286  
 Kolenda, Pauline v, 58, 147, 181, 185  
 Kōlimāmpampū Bhagavati temple 321  
 Kollam/Quilon 40, 97 (n. 27), 423  
 Kollam Era 97 (n. 27)  
 Kollengode 288  
  
 Kottapuzha 149, 191  
  
 lady's fingers 258  
 lamp 52, 109, 117, 183-184, 186-188, 207,  
 217, 219-220, 222, 227, 231, 271,  
 273, 285, 323-324; – black 283  
 land: government – 93-94; sloping – 116;  
 temple – 15-16, 93-94, 96; – gift  
 (royal) 16  
 landless labourers 28, 81, 95, 333  
 landlord 16, 18-19, 28, 74, 94-95, 97, 99,  
 172, 318, 320-325, 330-332, 342-344  
 land-owning 26, 62, 93, 246  
 land reform 22, 26, 28, 95-96, 167 (n. 39),  
 172, 257, 330, 332, 337, 342; Kerala  
 Land Reform Bill 95, 97-98; Kerala  
 Land Reform Amendment Act 95  
 Lanka 165-166  
 laterite 120, 127, 140, 327  
 Latin 35  
 law of contagion 62  
 Law of Moses 265  
 leather 78, 268, 288, 291-292, 420, 424  
 leftovers 215, 235, 254, 407-408  
 Lewis, Gilbert 69  
 Lewis, Oscar 40  
 library, village 29, 85, 322-324  
 life expectancy 30  
 lighting wick 54, 109, 117, 133-135, 183,  
 208, 216, 219-221, 230, 323, 339  
 lime 227, 249, 286  
 lineage 14, 58, 148, 192, 194  
 Lingayat 60  
 linguistics 24, 35  
 lip-stick 286  
 liquor 251, 409, 413, 417  
 literacy 28-29, 32, 38, 172, 329  
 Little Tradition 38  
 Logan, William 41-42, 76, 83, 191, 193,  
 284, 337, 411-414  
 loincloth 182, 186, 273, 287, 289-290,  
 295, 297-298, 308, 327; spathe –  
 233, 287  
 London, Perry 263  
 lucky day 278  
 Luiz, A. A. D. 58, 84  
 lunch 30, 183, 215-216, 223, 227, 246,  
 248-250, 252-253  
 Lynch, Owen M. 65  
  
 macrocosm 117  
 Madan, T. N. 39  
*Madras Census Report* 78-80  
*Madras Government Museum Bulletin* 44  
 Madras University 168  
 magazines 29, 207

- magic 69, 263-264, 268-269; sympathetic – 62
- Malabar Era (M.E.) 97 (n. 27)
- Malabar Quarterly Review* 44 (n. 15)
- Malabar Tenancy Act 94
- Malappuram 91, 120, 161, 190, 286
- mango 51, 100-101, 108-109, 111, 120, 127, 131, 226, 246, 248-249, 258, 270, 281-282, 327
- Manu's laws 11, 16 (n. 4), 35, 44, 57, 62, 66-67, 155, 193, 198-199, 265-270, 273, 292-293, 318, 337
- margins 62, 267, 279
- marriage: cross-cousin – 191, 194, 342; – dress 288, 293; – ornament 159, 183, 223, 305; – system 7, 17, 26, 31, 59, 147, 175, 191-192, 194-195, 199, 341; Hindu Marriage Act 31, 203, 210
- Marriott, McKim 37, 62, 65, 117, 199, 254, 343
- Martanda Varma 20, 93
- martial arts 19, 29, 78, 322
- Marx, Karl 39
- Marxism 160, 166, 168, 170, 332, 342
- mason 79
- mat 138-139, 228, 238
- materialism 24-25
- Mathew, George 189, 231
- Mātrbhūmi Vārāntappattippu 283-284
- matriarchy 17
- matriliny 7, 17-18, 29, 41, 75 (n. 25), 84, 149, 176, 179, 181, 185, 188-193, 197-199, 230-231, 242, 320, 341
- Maveli store 245
- maximal transactor 93, 343
- Mayer, Adrian C. 16, 19, 39, 81, 111, 129, 316
- Mearns, David J. 39-40
- meat 61, 233, 350, 258, 325, 421
- Megasthenes 57-58
- Mencher, Joan P. 45, 67, 71 (n. 21), 75 (n. 25), 79-80, 99, 111, 143-144, 148, 150, 191-192, 194, 306, 311, 314, 325-326, 332, 341
- menstruation 115, 141, 240-243, 260, 277, 417; first – 164, 181-190, 217, 240, 292, 303, 423
- Merton, Robert K. 39
- metal caster 59, 145
- microcosm 113-117, 144-145
- milk 52, 123 (n. 30), 138, 157, 186, 209, 215-217, 246-249, 252, 257-258, 260, 314, 408, 411, 415, 422, 425
- mirror 139-140, 183-184, 186-188, 268
- missionaries 3, 24, 29, 43
- monarchy 14-15, 19
- monogamy 31, 210
- monotheism 24
- monsoon 14, 101-104, 106, 109, 123
- Moore, Melinda A. 108, 114-118, 123, 133, 181, 188
- Morgan, Lewis 17
- mother's brother 85, 186-187, 199
- motorcycle 171
- Mount Trikakud 268-269
- moustache 278-279
- Mulloorkara Panchayat 329
- Munro, James, Sir 93
- Muslim 19, 21, 24, 28, 50, 60, 74, 75, 81, 83, 94, 166, 200-201, 231, 246, 298-299, 303, 308, 322-324, 330, 333; – riot of 1922 177
- Mussoenda frondosa* 277
- Mūttirīññōtū Bhavatrātan Nampūtirippātū 190
- Mysore 15, 21, 87, 94, 170
- mysticism 23
- mythology 164, 223
- nails (cutting of) 221, 240, 267, 270, 279, 292, 420
- Nakamura, Hajime 41
- Namboodiripad, E. M. S. 13, 17, 21, 31-33, 81, 148, 150, 165-166, 171, 189, 194-195, 222, 264, 303, 330, 341-342
- Namboodiripad, Kuroor Damodaran 31
- Nampūtiri, Ērkkara Rāman 49, 166
- Nampūtiri, Kallampiḷli Dāmōdaran 177
- Nampūtiri, Kīle Naripparra Śaṅkararājan 200
- Nampūtiri, Muṭṭattukkāṭṭu Māmaṅṅu Rāman 82, 97, 168, 194, 200, 204, 206, 313
- Nampūtiri Welfare Association (Nampūtiri Yogakṣema Sabha) 31, 165, 167, 177, 230
- Nampūtirippātū, Kāñippayyūr Śaṅkaran 151
- Nārāyaṇa Guru, Śrī 26, 27
- Nattāti Nāḍārs 181
- Nāyar, Kāḷattū Mādhavan 97-98
- Nāyar, Kāḷattū Vēlukkūṭṭi 90, 97
- Nāyar, Koṅṭapurattū 90
- Nāyar Service Society 31, 199, 230
- nationalist movement 6, 13, 23-25, 26, 50, 165, 189, 231, 328
- necklace 300, 302-303, 306-308
- Netumpura 87
- New Delhi 170
- newspapers 29-30, 165
- non-Brahmin 3, 58, 84-85, 89, 200, 259, 331-333, 340, 416, 419
- non-Hindu 23, 53, 60, 75-76, 334

- non-violence 15, 250  
nose ornament 303
- observance 87, 116, 168, 244, 267-269, 277, 332; death – 156-159  
*Ocimum sanctum* 119, 302  
odalisque 23  
O'Flaherty, Wendy 64  
oil: castor – 239, 277, 285-286; coconut – 77, 215, 276-277; mustard seed – 220; sesame – 277, 285  
okra 249, 258  
Old Testament 265  
Ongallur 177  
onion 249, 257-258  
Orientalism 23, 25  
Ottappalam 286  
outcasting 251, 340  
outside-in perspective 39
- paddy 71, 75, 77, 95-111, 117, 121, 131, 133-135, 137, 140, 142, 144, 158, 182-183, 211, 216, 236, 239, 246, 255, 281, 312-313, 321, 327  
Palghat 76, 247, 279; – district 120, 151, 164 (n. 37)  
Paliyam Declaration 63 (n. 20), 90, 200  
palm-leaf manuscript 36, 88, 139, 183 (n. 41)  
palmyra 259, 294; – fruit 257, 259; – jaggery 257, 259  
pan (chewing) 164  
pants 182, 287-288  
papaw 120, 246, 249, 257-259  
parasol 268, 294  
parboiling 107-108, 135, 140, 182-183, 185, 187, 216, 247, 255, 259, 313  
Parli 239  
Parpola, Asko v, 5, 403, 405, 407, 420  
pastime 164  
pastry 247  
patriarchy 17, 231, 345  
patriliny 17, 147, 176, 185, 191-195, 198, 341  
Pattambi 164 (n. 37), 177  
Pāṭṭam Proclamation 94, 96  
Pazhayanur 105  
penance 84, 92, 149, 228-229  
pepper 14, 20, 71; black – 120, 187, 246, 249; – trade 14, 20  
Peringode 120  
Persian 35  
Pharisee 265  
physical beauty 265  
physical defect 31, 265-266  
pickle 134, 215, 247, 249-250, 256, 421
- pipal tree 109, 182, 219, 304  
plantain leaf 184, 187, 235-236, 255, 260, 287  
plantation 3, 22, 28, 71, 82, 112, 171  
plate 51, 62, 133, 186, 208, 212, 235-236, 241, 255, 300, 422  
playing cards 164  
politico-economic factor 61, 67  
pollution: birth – 193, 237-240, 243-244, 340; death – 158, 192, 220, 238, 242-244, 260, 340; direct – 233; distance – 145, 262, 307, 311-317, 332, 339; indirect – 236-237, 311; intimate – 233-244, 339; menstrual – 80, 133, 181, 185, 237, 240-242, 340; touching – 233-237, 311  
polyandry 7, 17, 41  
polygamy 31, 210  
polygyny 149, 209, 343  
Ponnani 148  
porcupine quill 270  
Portuguese 20, 58  
potter 77, 79, 422  
power (political/economic) 5-6, 14-22, 41, 57-68, 74, 93, 262, 329-334, 340, 343, 345  
Poylam 87  
pregnancy 191, 259-260, 279  
priest 11, 18, 53, 61, 66, 72 (n. 23), 76, 82-83, 90-92, 111, 122, 148, 151, 160, 166, 170, 175, 249, 265, 302, 317, 345, 408 (n. 6), 409 (n. 17), 418  
primogeniture 19, 191, 197, 341  
princess 99, 152, 159, 161, 172, 197-198, 200, 320  
prostration 149, 229, 271, 312  
Protestants 29, 81  
pumpkin 249, 258-259  
Punjab 268, 299  
purdah 230-231, 342  
purity 6, 48, 57-68, 144, 175-178, 185, 189, 230, 233, 254-255, 265-266, 275-276, 297, 320, 340, 343, 407, 415, 425  
Putiya-pura 97-98, 106, 112, 119-121, 126, 129, 135, 143, 169, 171, 220, 246-247, 250
- Raheja, Gloria Goodwin 65-67, 240, 318-321  
railway 44  
Raja, K. Kunjuni 41, 84  
Rajagopalachari, Chakravarti 266  
Rajput 229  
Ramachandran, V. K. v, 32, 79, 95, 245-246, 326  
rebellions 24, 94  
red powder 283, 286

- Redfield, Robert 35, 38  
 Reiniche, Marie-Louise 38 (n. 10)  
 renouncer 60, 154-156, 159, 409  
 renunciation 11, 60, 152, 155, 409  
 rice 28, 71, 74-77, 85, 95, 97-99, 101, 103, 106, 108-111, 123, 127, 131, 134-136, 140, 157, 181-187, 208-209, 211, 215-217, 219-220, 222-223, 227, 235, 239, 245-255, 258-260, 275, 281, 284, 286, 313, 327, 330, 336, 407-409, 411, 413, 421, 424; —gruel 248 ; — land 74, 97-98, 245, 330; — measure 76, 109, 183, 209, 222  
*Ricinus communis* 286  
 rite 9, 11, 90, 114, 117, 141-143, 149, 152-153, 180-190, 200, 217, 230, 238, 255, 266, 269-270, 408, 413, 428, 421; puberty — 80, 141, 181, 188; — of installation 114; — of passage 141, 145, 166, 188, 217, 267, 318-319, 345  
 ritual: harvest — 109-110; women's — 7, 142, 182, 188, 217-229, 255; — tray 109, 187; — implements 76, 120, 183 (n. 41), 185, 216, 327, 343  
 Romans 14  
 romanticism, German 23  
 Roach, Mary Ellen 263-264  
 Rosevalley 112  
 Roy, Ram Mohan 24  
 royal donation 15  
 rubber 22, 71, 82, 111-112, 123, 127, 155, 171, 292, 327  
 rules (ancient) 5, 7  
 sacrificial buildings 113  
 sacred thread 76, 148, 152, 156, 176, 264, 268, 288-289, 291-292, 308, 338, 410, 413, 418  
 sacrifice 9, 11, 16, 39, 57, 66, 113, 148, 150-151, 154, 179, 184, 189, 211, 240, 250-251, 254, 259-260, 267, 291, 317, 319, 323, 336, 342, 408-409, 413, 418, 420-421; animal — 113, 259, 265, 409, 413, 418; archetypal — 113; original — 113;  
 sacrificial cord 268, 288  
 saffron 283  
 Śakuntalā 35  
 saliva 62, 212, 234, 254, 281, 340  
 salt 156, 221, 223, 247-249, 257-259  
 sandalwood 285 ; — paste 184, 222, 226, 283, 285  
 Sanskrit 9, 23, 35, 38, 41-44, 54, 58, 79, 82, 84, 137, 148, 160, 163-164, 217, 224, 275-276, 306, 325-326, 334, 403, 407, 416-417, 419  
 Sanskritization 12, 38, 63, 325-326  
 Sarma, E. R. Sreekrishna 42, 84, 407  
 Sati (Prevention) Act 229  
 Saudi-Arabia 47, 136, 141, 170-171  
 Sayyid, Ahmad Khan 24  
 scheduled caste 29, 172, 331  
 school 29-30, 54, 85, 91, 106, 122, 145, 155, 157, 160, 166-169, 178, 189-191, 219, 231, 246, 255, 291, 293, 317, 329, 332  
 schoolmaster 78  
 Second World War 99  
 Secondary School Leaving Certificate 172  
 sect 11, 60  
 seedling 99, 102-104  
 serf 19, 22, 81  
 sesame seed 82, 159  
 sexual intercourse 63, 176, 236, 240-241, 243, 269, 286, 409, 413  
 Shamgar-Handelman, Lea v  
 Shashibhushan, M. G. 317  
 shaving 267, 279, 313, 424  
 sheep 9, 250, 421  
 shoe-flower 277  
 shoes 268, 288; leather — 288, 291; plastic — 288, 292; wooden — 291-292  
 shops: 'fair price' — 28, 30; ration — 28, 95, 245-246  
 Shoranur 83, 129, 145, 151, 177, 327  
 sib 148  
*Sida retusa* 277  
 sign 63  
 Singer, Milton 38  
 sipping ceremony 222-223, 252  
 skirt 182, 184, 186, 293-294, 299  
 sleeping prohibited 225  
 smoking 51, 164, 261  
 snake 83, 120-121, 136, 175, 231, 259, 273, 325; — bite 218; — gourd 248; — groves 52, 83, 120, 145, 220, 259, 321; — images 120-121, 135  
 soap 134, 273, 276-278, 282  
 social reform 3, 7, 27, 31-32, 93, 115, 231, 341  
 sorcerer 81  
 South Kanara 147  
 spices 20, 221, 247, 249, 259  
 spinning 122, 289, 412, 418  
 spirits (evil) 103, 156, 251, 259, 285, 300, 409, 412-413, 415  
 spiritualism 25-26  
 squash 259  
 Sree Vallabha temple 92  
 Srinivas, M. N. 35, 38, 74 (n. 24)  
 Staal, Frits 46, 90, 167  
 staff 156, 267-268, 420  
 step ladder 123, 125, 316  
 sterilization 214



- Stevenson, H. N. C. 65, 251  
 stimulant 251, 259-261  
 stove 140, 187, 215, 283  
*Strychnos Nux-vomica* 102  
 substance 37, 64, 67, 81, 113-114; primordial - 113  
 substance-code 37, 65  
 sugar 157, 245, 247, 249, 258-259  
 sunrise 116, 123, 150, 164, 223, 271, 273, 407, 411, 417  
 sunset 116, 123, 150, 164, 223, 271, 273, 407, 411, 417  
 Supreme Principle 114  
 sweet-root 258  
 swing 131, 226  
 symbol 5, 37, 62-63, 68, 113-114, 123, 181, 183, 187-188, 209, 211, 219, 226-227, 235, 243, 254, 259, 263-264, 267-268, 284, 302, 326, 339
- T-shirt 50, 291  
 tailor 80, 293  
 talc 276  
 Taliparamba 177  
 tamarind 120, 246, 249  
 Tamil Brahmins - 22, 42 (n. 12), 91, 149, 154-155, 164, 255, 301, 303, 305, 337, 338  
 Tamil Nadu - 6, 14, 32, 53, 74, 114-116, 118, 122, 129, 138, 166, 247, 255, 259, 301, 316, 331, 418  
 tapioca 71, 246, 249, 258-259  
 tattoo 283, 286  
 taxation 22, 95, 329, 331  
 tea 22, 48, 71, 77, 85, 106, 131, 216, 247, 256, 261, 321  
 teacher 29, 32, 75, 78, 106, 149, 152-154, 160-161, 164, 166, 168-170, 172-173, 190-191, 199, 219, 240, 255, 269, 294, 317-319, 408  
 teeth (cleaning) 215, 223, 240, 267, 270, 281, 338, 411, 414, 424  
 teetotalism 38  
 telephone 141, 329  
 television 132-133, 141, 217, 231, 328, 344; cable - 231  
 temple: - entry movement 27, 88, - feast 164, 258, 261; - preservation committee 90; - servants 76, 82, 237, 422; - trust 88, 90, 164  
 tenants 18, 20, 22, 75, 90, 93-99, 211, 246, 257, 330, 332, 334  
 threshing 105-107, 111, 216  
 thuggee 24  
 Thuvavoor 91, 224, 241, 277, 303
- Thurston, Edgar 41, 44, 76-78, 81-84, 143, 182, 186, 221, 275, 289, 300-301, 303, 316  
 tilling 28, 77, 95, 171  
 Tipu Sultan 21, 28, 87, 94, 125, 161  
 Tirumantham Kunnun temple 286  
 Tiruvalla 92  
 Tiruvilvamala 191  
 toddy 79, 259, 325; - tapper 74, 79  
 toepeg sandals 292  
 toilet 136, 140, 143, 215, 270-271  
 tooth: - paste 281-282; -pick 281, 338, 407; - powder 108, 281-282  
 top knot 278-281  
 tractor 100-102, 106, 327  
 trade: - pole from the north to the south 14; - with the Greeks 14; - with the Romans 14  
 trader 28, 74, 79  
 traffic 15, 91-92  
 train 177  
 transactional model 65  
 Travancore 3, 15, 20-23, 27-29, 31, 87, 91-96, 111, 125, 189, 199, 282, 421, 423; Maharaja of - 151, 312; - Census Report 78, 82; - Nāyar Act of 1925 31, 210; - Temple Entry Proclamation 27, 88  
 Trawick, Margaret 38, 40, 64  
 tree 71, 111-112, 119-120, 127, 139, 144, 159, 171, 182-183, 219, 226, 246, 248-249, 257-259, 276, 279, 287-288, 304; circumambulation of a - 219  
 tribe, tribals 19, 35, 58, 64, 71, 81, 83-84, 172, 181, 304  
 Trikota 268  
 Tripunithura 159, 286, 303, 329; - Palace 160, 165, 167  
 Trivandrum 91, 151, 245, 317, 329; - University 168  
 turban 268, 291  
 turmeric: - as a cosmetic 186, 209, 282, 286; - in food 249; - paste 226, 239, 282  
 Turner, Victor 5  
 twilight 220, 223, 271, 273, 407, 417
- umbrella 175-176, 187, 264, 294, 308, 322, 409 (n. 13), 422; - maker 78, 81  
 unemployment 31-32, 173, 344  
 unmarried men 47, 122, 151, 165, 195, 412  
 unmarried women 141, 145, 175, 180-191, 195-196, 209, 230, 293, 297, 299, 420  
 untouchability 3, 17, 27-28, 60, 81, 240, 316, 339

- Untouchables 26-27, 53, 57-58, 60, 63, 74,  
 76, 81, 93, 143, 237  
 upper garment, 182, 223, 267-268, 270,  
 274, 288, 291, 293, 297, 299, 308,  
 327; skin as an -- 288; string as an  
 -- 268, 288  
 urbanization 38  
  
 Vaidyanathan, K. R. 286  
 Vallathool Nagar 324  
 Vanneri 87, 91  
 vasectomy 214  
 Vedic: - ritual 5-6, 11, 66, 77, 108, 113-  
 114, 120, 141, 150, 166, 168, 180,  
 217, 240, 255, 291, 335; - study/  
 studies 46, 167, 169, 335; - texts 7,  
 9-11, 48, 53, 155, 189, 336; - tradi-  
 tion 3, 11, 151, 167, 173, 291, 333  
 vegetarianism 38, 51, 136; see also food  
 Venad 20  
 Venganellur 87, 96  
*Vernonia cinerea* 285  
 Vettathunad 87, 91  
 video 141, 328  
 Vidyarnava, Srisa Chandra 252 (n. 45)  
 vomit nut tree 102-103, 106-107  
 vow 153, 155, 168, 281, 408, 412  
  
 wafer 79, 216, 248-250, 253, 257-259, 314  
 wages 75, 77, 95-96, 106-107, 110, 332  
 Wariyar, N. Sankunni 41, 149, 284  
 washermen 66, 78, 80, 109, 134, 182-185,  
 219, 237, 241-242, 273-274, 295,  
 311-312, 316, 320, 408, 415, 421,  
 425  
 washerwomen 78  
 Weber, Max 39, 67  
 weeding 102, 104  
 Westernization 6, 23, 25, 38, 309, 311,  
 326-329, 344  
 wheat 101, 220, 227, 245, 247  
 whiskers 279  
 widow 24, 159, 164, 200, 206, 211, 225,  
 229-230, 252-253, 260, 279, 281,  
 283, 285-286, 294-295, 305-306, 308,  
 339, 413, 422, 424  
 widower 91, 122, 141-142, 204  
 witchdoctor 103  
 women's weeklies 231  
  
 yam 83, 111, 216, 227, 248-249, 314  
 younger brother 17 (n. 5), 18, 97, 99, 145,  
 152, 156, 161-163, 166-169, 172,  
 177, 194, 197-200, 204, 213-214,  
 341-342, 423